

Tussey Mountain School Breakfast Menu

March 2017

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Summer Feeding Locations www.fns.usda.gov/summerfoodrocks

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		03/01 Pancake Breakfast Sandwich Assorted Whole Grain Cereal with Toast Chilled Juice and Fruit Low Fat Milk	03/02 Yogurt w/Toast Assorted Whole Grain Muffins or Doughnuts Chilled Juice and Fruit Low Fat Milk	03/03 Funnel Cake Assorted Whole Grain Cereal with Toast Chilled Juice and Fruit Low Fat Milk
03/06 French Toast Sticks Assorted Whole Grain Cereal with Toast Chilled Juice and Fruit Low Fat Milk	03/07 Breakfast Pizza Assorted Whole Grain Muffins or Doughnuts Chilled Juice and Fruit Low Fat Milk	03/08 Pancake Breakfast Sandwich Assorted Whole Grain Cereal with Toast Chilled Juice and Fruit Low Fat Milk	03/09 Yogurt w/Toast Assorted Whole Grain Muffins or Doughnuts Chilled Juice and Fruit Low Fat Milk	03/10 Funnel Cake Assorted Whole Grain Cereal with Toast Chilled Juice and Fruit Low Fat Milk
National School Breakfast Week				
03/13 French Toast Sticks Assorted Whole Grain Cereal with Toast Chilled Juice and Fruit Low Fat Milk	03/14 Breakfast Pizza Assorted Whole Grain Muffins or Doughnuts Chilled Juice and Fruit Low Fat Milk	03/15 Pancake Breakfast Sandwich Assorted Whole Grain Cereal with Toast Chilled Juice and Fruit Low Fat Milk	03/16 Yogurt w/Toast Assorted Whole Grain Muffins or Doughnuts Chilled Juice and Fruit Low Fat Milk	03/17 Funnel Cake Assorted Whole Grain Cereal with Toast Chilled Juice and Fruit Low Fat Milk
03/20 French Toast Sticks Assorted Whole Grain Cereal with Toast Chilled Juice and Fruit Low Fat Milk	03/21 Breakfast Pizza Assorted Whole Grain Muffins or Doughnuts Chilled Juice and Fruit Low Fat Milk	03/22 Pancake Breakfast Sandwich Assorted Whole Grain Cereal with Toast Chilled Juice and Fruit Low Fat Milk	03/23 Yogurt w/Toast Assorted Whole Grain Muffins or Doughnuts Chilled Juice and Fruit Low Fat Milk	03/24 Funnel Cake Assorted Whole Grain Cereal with Toast Chilled Juice and Fruit Low Fat Milk
03/27 French Toast Sticks Assorted Whole Grain Cereal with Toast Chilled Juice and Fruit Low Fat Milk	03/28 Breakfast Pizza Assorted Whole Grain Muffins or Doughnuts Chilled Juice and Fruit Low Fat Milk	03/29 Pancake Breakfast Sandwich Assorted Whole Grain Cereal with Toast Chilled Juice and Fruit Low Fat Milk	03/30 Yogurt w/Toast Assorted Whole Grain Muffins or Doughnuts Chilled Juice and Fruit Low Fat Milk	03/31 Funnel Cake Assorted Whole Grain Cereal with Toast Chilled Juice and Fruit Low Fat Milk

What Makes a Breakfast Meal?

You must choose at least 3 of 4 components available for the school breakfast price.

Entrée, 1 Cup Fruit, and 1/2 Pint Milk

Middle & High School Alternate Options May Include:

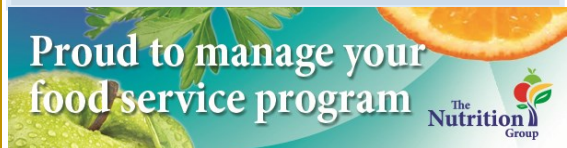
- Banana or Blueberry Muffins
- Chocolate Chip Oatmeal Breakfast Bar
- Warm Grab & Go Breakfast Sandwiches
- Fortified Breakfast Pastries
- Warm Bagels
- Yogurt & Toast

Variety of Fresh Fruit, 100% Fruit Juice and Canned Fruits available daily.



Milk Choices Offered Daily

- Fat Free Chocolate, Fat Free Strawberry, Fat Free White and Low Fat White



Meal Prices:
Paid \$1.30
Reduced \$.30

The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE

MENUS SUBJECT TO CHANGE