

Meeting information for Bedford County Autism Support Group

When: First Thursday of each month (excluding July and August)

Where: Wolfsburg United Methodist Church

6957 Bedford Valley Road

Bedford, PA 15522

Time: 6:30pm to 8:30pm

For more information please contact:

Amy Howsare (814) 839-4442 or

Beth Gable (814) 932-4967

Meeting information for Bedford County Learning Disability Support Group

When: Last Thursday of each month(excluding May, June, July and August)

Where: Central Elementary School Library

(Chestnut Ridge School District)

Quaker Valley Road. Route 56

Fishertown, PA

Time: 6:30pm to 8:00pm

For more information please contact:

Ann Darrow (814) 733-4908

Helpful Suggestions

- Read to your child every day regardless of age or reading ability.
- Plan a regular time and place for your child to read and study. Be available to help with homework assignments.
- Make sure books your child are reading for fun are not too difficult. If you are not sure if a book is too difficult, have your child read aloud from a page in the middle. If he/she misses more than five words, the book is too difficult.
- Show your child that learning is important by taking an interest in what your child is doing in school.
- Praise your child for success. Children need a lot of praise and encouragement.
- Have a regular bedtime. Children need adequate rest to be successful in school.
- Give your child a hug each day. Let your child know how important he/she is to you and how proud you are of them.